

FACIAL CARE

For absolute relaxation and pleasure our facial treatments will revitalise, soften and soothe your skin to provide you with the ultimate in beauty pampering as well as combating ageing and environmental damage.

Purifying Deep Cleansing Facial **450** **60min**

This treatment is especially suited for teenagers and men who suffer from ingrown hairs and breakouts, specially developed for problem skins and inflammation. The pure complex and masque offers a deep cleansing action and contains extracts of Cedar-wood, juniper and thyme. It allows extractions as this highly effective Purifying treatment is antiseptic and very soothing. The skin is left hydrated and not irritated.

Hydro-intensive treatment **450** **60min**

This treatment provides outstanding results for dehydrated skin as well as oily skin that is dehydrated. In addition to high concentrations of hyaluronic acid for intense hydration, it also offers significant anti-ageing benefits due to the addition of patented protein peptides. For the ultimate glow, the Booster masque may be applied over the gel masque – ideal for special occasions.

Express Lift Treatment **600** **60min**

This quick booster treatment offers instant firming and lifting result as well as targeted long-term anti-ageing benefits. The facial incorporates maximum concentration of hyaluronic acid and Acquacell to increase epidermal hydration. It is complemented by active ampoules that are specifically formulated to actively treat skin condition. This treatment is highly recommended before an important occasion or when time is of the essence.

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Sometimes the most productive

thing you can do is relax ”

Mark Black

CANCELLATION POLICY

We would be grateful if clients would make any changes or cancellations at least 24 hours prior to the scheduled treatment time. Treatments cancelled after this will incur a cancellation tariff of 100% if the appointment cannot be filled.

Please note that as a courtesy to all our clients, a prompt appointment schedule is adhered to. Late appointments will be completed in the allocated time and the fee will remain unchanged. All clients should arrive 10 minutes before their appointment. We regret no children allowed. Teenagers welcome for therapies.

Unwind in our tranquil setting and enjoy our treatments by qualified body care and beauty therapists. We observe strictest sterilisation and hygiene procedures and conform to strict code of ethics.

HOURS

High Season: 8:00 – 18:00, 7 days a week

Rest of the year:

Mon - Fri: 10:00 – 15:00

Sat: 09:00 – 17:00

Sun: 09:00 – 15:00

BOOKINGS

Milkwood Spa | Morgan Bay Hotel

Tel: 043 841 1062 ext 220

spa@morganbayhotel.co.za

www.morganbayhotel.co.za

Gift Vouchers can be purchased at the Morgan Bay Hotel reception desk.



*Treatment
Menu*

MASSAGES

Swedish Body Massage **350 30min / 600 60min**

This soothing massage reduces tension and enhances circulation throughout the body. Pressure can range from light to medium.

Hot Stone Massage **550 60min**

Stone therapy is a powerful massage technique that uses heated stones to enhance circulation, and relieve stress and tension from the body.

Back, Neck and Shoulder **350 30min / 550 60min**

Receive a customized massage, focused on the most common areas of tension - the neck, back and shoulders.

Aromatic Massage **550 60min**

With either lemon, ginger & patchouli for refreshing and energising, or geranium & sandalwood for soothing and relaxing.

Hiker's Leg Massage **300 30min**

Designed to assist in relieving muscle tension, cramps & inflammation.

Happy Feet **290 30min**

A luxurious foot soak and scrub, followed by a relaxing massage to soothe tired and aching feet.

Indian Head Massage **300 30min**

Let your worries and stress drift away, while warm vitamin-rich coconut oil is massaged in, nourishing the scalp and hair. Especially beneficial to those suffering from dry scalp. Leave oil on scalp for as long as possible before washing.

SPA THERAPIES

Top to Toe Journey Treatment **1500 2hr30min**

Treat yourself with a top to toe journey treatment i.e. dry brushing routine and exfoliating sugar glow, followed by a refreshing shower and a rejuvenating body wrap that contains African BUHU extract, with amazing healing properties for the skin. This is followed by a relaxing hand and arm massage and ends off with a gentle moisturiser to make your skin soft and fresh

HYDRO BATH AND SAUNA

Single - for peace and quiet **300 60min**

2 People **200ea 60min**

For Fun – up to 4 **150ea 60min**

Renewal begins with the experience of water. After the healing effects of the colour therapy sauna, which helps rid the body of built up toxins in the system, why not plunge into the hydro bath? The combination of heated water and bath crystals present the ultimate sensory relaxation soak.

HANDS AND NAILS

Spa Manicure **300 45min**

Shellac Manicure **350 60min**

Spa Pedicure **320 60min**

Shellac Pedicure **370 75min**

Peel n Pedi **450 90min**

Men's Pedi **300 45min**

Cut, Buff & Paint **200 30min**

Gel Soak Off (Offered only if you are having a nail treatment afterwards) **200 30min**

"Princess" Mini Manicure **200 30min**

HAIR REMOVAL

Eyebrow shape **90 10min**

Brow/Lip/Chin Wax (each) **90 10min**

Bikini or Under Arm Wax **120 20min**

Full Face Wax **200 30min**

Half Leg Wax **200 30min**

Arm **150 20min**

Full Leg Wax **300 45min**

Full Leg including Bikini **350 60min**

Back Wax (men) **350 40min**

TINTING

Brow Tint **80 10min**

Lash Tint **90 15min**

Lash Tint including Brow **130 20min**

(nail treatment, tinting and waxing times are approximate)

SPA PACKAGES

Teen Queen **550 90min**

Holiday glow, mini manicure and mini pedicure with the latest trendy colour.

Ocean Tranquility **1050 2hrs**

Revitalize your body with a sugar glow exfoliating scrub. Enter a refreshing shower, followed by a facial to uplift and hydrate tired skin, and end with a body massage using a blend of oils to calm and soothe body and mind.

Bridal Queen Bouquet **1550 3hrs**

Sugar glow body exfoliation with massage and refreshing shower, followed by a relaxing facial, mini pedicure & mini manicure with a French Polish. Complimentary small bottle of bubbly for the bride.